



DRILL & CEREMONIAL PROFICIENCY

Australian
Air Force Cadets

Cadet / Instructor Notes

Rewrite Edition, 1st May 2007

Note: Squadrons which have ready access to DP rifles and wish to conduct DC with arms are to utilise DCE (parts 1, 2 and 3 as required, **in addition to DCP**).

DRILL & CEREMONIAL PROFICIENCY (DCP)
DCP 1 - REVISION.
1 PERIOD

Objective.

1000. Revise DCB 1 - 8.

1001. Practise the following Drill movements:

- a. Attention, stand-at-ease and stand easy
- b. Right, left and about turns at the halt
- c. Incline at the halt
- d. Fall in as a Flight
- e. Right and left dress, eyes front
- f. Number as a Flight
- g. Sizing a Flight
- h. Dismiss and break off as a Flight with and without an Officer present
- i. Open and close order march
- j. Right and left dress at the open order
- k. Right and left close march
- l. Paces forwards and backwards
- m. Marching in quick time
- n. Halt from marching in quick time
- o. Leave and join ranks individually
- p. Wheeling in threes
- q. Change step in quick time
- r. Mark time in quick time and at the halt
- s. Halt from mark time
- t. Change step whilst marking time
- u. Step short, step out and break step
- v. Right, left and about turn on the march
- w. Right and left incline on the march
- x. Eyes right and left on the march
- y. Saluting at the halt and on the march.

DRILL & CEREMONIAL PROFICIENCY (DCP)
DCP 2 - FLIGHT DRILL
1 PERIOD

Objective

2001. Practise the following Drill movements:

- a. Form single file from sections of three and vice versa
- b. Centre Dress.

Forming Single File from Threes

General

2002. It is sometimes necessary to form a flight in threes into single file. This movement may be executed from the halt, or while on the move.

From the Halt to the March

2003. The command is: '**FORM SINGLE FILE, QUICK - MARCH**'.

On this command the left hand file steps off while the remainder mark time. The centre and right files follow on in turn behind the file in front of them.

Forming Single File on the Move

2004. The command is: '**FORM SINGLE - FILE**'.

The executive word of command is given as the left foot is coming to the ground. On this command, the left hand file continues marching while the remainder take a check pace and mark time. The centre and right files follow on in time behind the file in front of them.

Forming Column of Threes from Single File

2005. The command is: '**FORM - THREES**'.

On this command the leading file is to mark time. The remainder are to lead off in quick time. The centre file is to lead off slightly to the right and mark time when reaching its position. The right hand file is to do the same thing. The command '**FOR-WARD**' may then be given.

2006. If the prefix '**AT THE HALT**' is used for this movement, the files halt when they arrive at their position. This movement may also be executed while the flight is halted in single file. The command is: '**FORM THREES, QUICK MARCH**'. On this command the leading file marks time while the remainder step off in quick time. The centre file is to lead off slightly to the right and mark time when it reaches its position. The right hand file is to do the same.

Centre Dressing

2007. When colours are paraded at ceremonial parades, for example the Squadron's Annual Wing Parade, the dressing is centred on the colours. The command changes to: '**INWARDS - DRESS**'. On this order, the colour party and the inner guides stand fast. The Flight(s) behind and on the left of the colours dress by the right, and those on the right of the colours dress by the left. The eyes and head turn accordingly towards the respective guides.

DRILL & CEREMONIAL PROFICIENCY (DCP)
DCP 3 - MOVEMENT OF A FLIGHT
4 PERIODS

Objectives

3001. Practise the following Drill movements:

- a. Right & Left Incline on the March
- b. Diagonal Marching
- c. Change direction by forming
- d. Form Flights.

Inclines / Diagonal Marching

3002. The command is: **‘DIAGONAL MARCHING, LEFT/RIGHT IN - CLINE’**.

Inclines follow the same detail as turns to the right and left, except the body is turned through 45 degrees (800 mils).

3003. a. To resume marching to the front the command is: **‘INTO LINE LEFT/RIGHT IN-CLINE’**.

- b. To resume marching to the RIGHT/LEFT, the command is: **‘RIGHT/LEFT IN THREES, RIGHT/LEFT IN-CLINE’**.
- c. When diagonal marching, extra attention should to be paid to the Flight dressing – ie. maintaining the rectangle in relation to the front.

MOVEMENT OF A FLIGHT IN LINE ON THE MARCH

General

3004. The following movements may be carried out by a flight in line on the march:

- a. marching in line
- b. marching diagonally
- c. changing direction by forming, and
- d. moving to a flank in sections of threes.

Changing Direction by Forming - General

3005. While executing the form, each section of threes is to work together with the centre and rear cadets taking their covering from the front cadet. Each section of threes is to halt together. the last section of threes will naturally arrive at its position later than the first section, therefore, the last sections are not to hurry the movement. each section of threes should arrive at the new alignment two paces after the previous section of threes.

Changing Direction by Forming from the Halt to the Halt

3006. The commands and movements are:

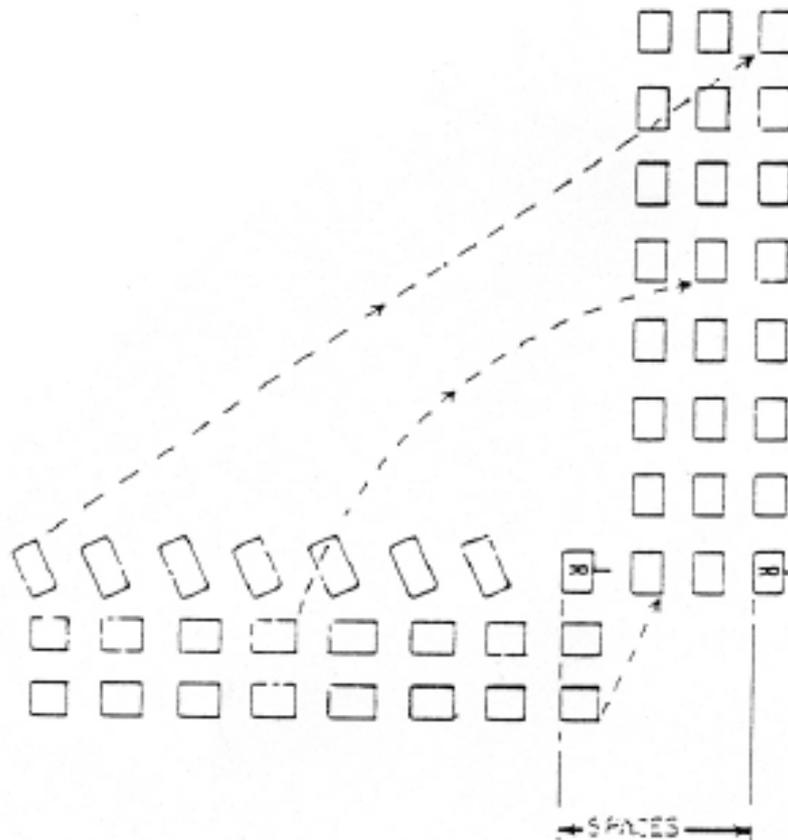
- a. **‘AT THE HALT, CHANGE DIRECTION RIGHT, RIGHT – FORM’**

The right hand marker executes a right turn. The remainder of the front rank execute a right incline. The centre and rear ranks stand fast.

- b. **‘QUICK – MARCH’**

The right hand marker marches forward five paces and halts. At the same time all other cadets of the flight march to the new alignment on the left of the marker, and halt by sections of threes when they arrive at their respective positions.

3007. The same movement can be executed forming to the left by substituting the word 'LEFT' for the word 'RIGHT'.



A Flight in line Changing Direction to the Right by Forming.

From the Halt to the Move

3008. The commands are:

- a. 'CHANGE DIRECTION RIGHT, RIGHT - FORM'
- b. 'QUICK - MARCH'
- c. 'FOR - WARD'

3009. The movements are the same as for 'at the halt', with the exception that on reaching the new alignment the flight is to mark-time until the command 'FOR-WARD' is given.

3010. The same movement can be executed forming to the left by substituting the word 'LEFT' for the word "RIGHT".

Change Direction on the Move. (From the Move to the Move)

3011. The executive word of command is given as the left foot is coming to the ground. On the command 'AT THE HALT, CHANGE DIRECTION RIGHT, RIGHT - FORM', the right hand marker executes a right turn, marches forward five paces and halts. At the same time all others cadets of the front rank execute a right incline and the centre and rear ranks

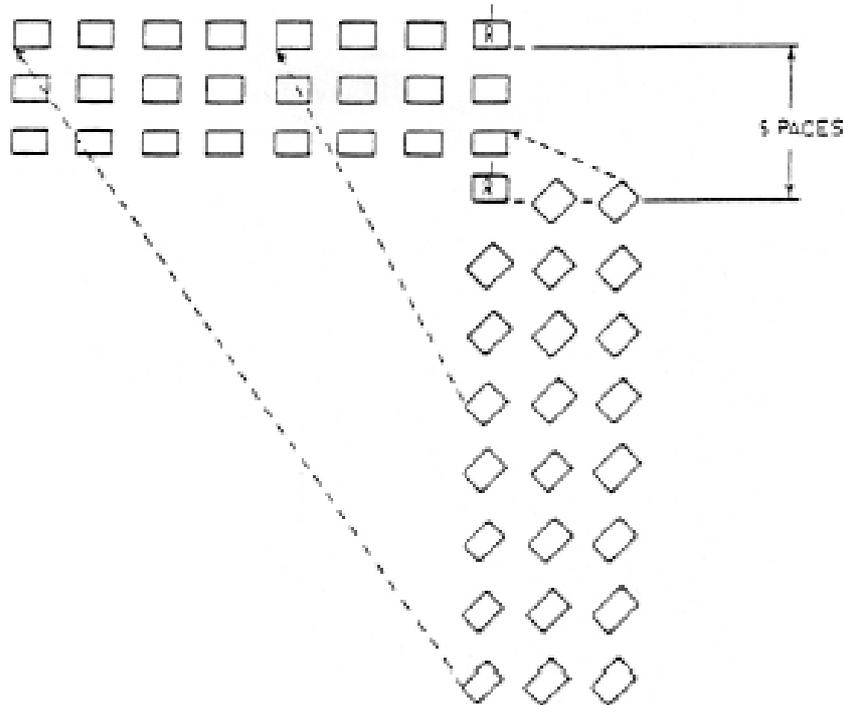
step short to avoid closing up. The cadets of the flight then march around to the new alignment on the left of the marker, and halts.

From the Move to the Move

3012. If it is desired to have the flight marking time at the completion of the movement, the command prefix **'AT THE HALT'** is removed. When this is given the cadets of the flight mark time on arriving at their new position until the command **'FOR-WARD'** is given.

Forming a Flight

3013. The purpose of the form is to change your formation but not your direction. The command is: **'ON THE LEFT/RIGHT, FORM - FLIGHT'**



A Flight in Column of Threes, Forming Flight Facing the Same Direction on the Left

DRILL & CEREMONIAL PROFICIENCY (DCP)
DCP 4 - MARCHING IN SLOW TIME
2 PERIODS

Objectives

4001. Learn the following Drill movements in slow time:

- a. Slow marching
- b. Halt
- c. Eyes right and left
- d. Change direction by wheeling.

Marching in Slow Time - General

4002. Marching is to commence from the position of attention. When marching in slow time, the arms are kept steady at the sides in the position of attention. The body is kept erect, although relaxed, the weight of the body being kept over the leading foot. In slow marching the ball of the foot touches the ground first, with the forward leg straight.

The Balance Step

4003. This movement is used to introduce the cadets to the slow march. When proficiency has been obtained, the interval between succeeding commands is shortened until the standard pause between movements is achieved. For instructional purposes, the balance step is divided into five movements, for which the commands are:

- a. **'LEFT FOOT - FRONT'**
- b. **'FOR - WARD'**
- c. **'RIGHT FOOT - FRONT'**
- d. **'FOR - WARD'**
- e. **'HALT'**

4004. On the commands:

- a. **'LEFT FOOT - FRONT'**, bring the left foot smartly forward to a point where the heel of the left foot is in line with the toe of the right foot, toe pointing slightly to the ground, but just clear of it. The upper part of the body is erect, although relaxed, arms steady by the side in the position of attention and weight of the body on the right foot.
- b. **'FOR - WARD'**, keeping the left foot just clear of the ground, complete the 75cm pace, the ball of the foot touching the ground first. The weight of the body is maintained over and transferred to the left foot once on the ground. The right leg is to the rear and slightly bent, toe just touching the ground.
- c. **'RIGHT FOOT - FRONT'**, bring the right foot smartly forward to a point where the heel of the right foot is in line with the toe of the left foot, toe pointing slightly towards the ground, but just clear of it. The upper part of the body is erect, although relaxed, arms steady by the side in the position of attention and weight of the body on the left foot.
- d. **'FOR - WARD'**, keeping the foot just clear of the ground, complete the 75cm pace, the ball of the foot touching the ground first. The weight of the body is maintained

over and transferred to the right foot once on the ground. The left leg is to the rear and slightly bent, toe just touching the ground.

- e. **'HALT'**, the foot at the rear is brought smartly through the slow mark time position to the position of attention. The halt may be given on either foot.

Slow March



Marching in Slow Time

4005. The command is: **'BY THE LEFT/RIGHT, SLOW - MARCH'**.

On this command, step off smartly with the left foot to the balance step position, and continue forward in paces of 75cm in slow time.

Halting in Slow Time

4006. The command is: **'HALT'**.

The executive word of command is given as the right foot touches the ground. On this command, take a check pace with the left foot, bring the right foot through the slow mark time position to the position of attention.

FOOT DRILL IN SLOW TIME

4007. With the exception of the timing of the movements, movements in slow time are identical to those described in quick time. The following movements may be executed in slow time:

- a. right/left turn, about turn and incline
- b. wheeling

- c. forming flights on the right and left
- d. right and left forms
- e. saluting
- f. eyes right and left.

4008. The timing of the words of command for movements in slow time is identical to that in quick time.

DRILL & CEREMONIAL PROFICIENCY (DCP)
DCP 5 - MOVEMENT IN SLOW TIME
3 PERIODS

Objectives

5001. Practise the following Drill movements:

- a. Left, Right and About Turn on the march in slow time
- b. Slow time to Quick time and vice versa
- c. Change step in slow time
- d. Mark time in slow time

Left, Right and About Turn

5002. Turns and Inclines in slow time are the same as for turns in quick time. However, the principles of slow time are employed where the legs are raised/lowered quickly, with the pause when the foot is fully raised. On stepping off, the foot adopts the balance step position before completing the 75cm pace.

Slow Time to Quick Time & vice versa

Slow Time to Quick Time

5003. The command is: '**SLOW - MARCH**'.

The executive word of command is given as the left foot touches the ground. On this command, complete a check pace of 85cms with the right foot, and as the left foot again touches the ground shorten the pace to 75cms without alteration to the cadence (measured movement).

Quick Time to Slow Time

5004. The command is; '**STEP - OUT**'.

The executive word of command is given as the left foot touches the ground. On this command, take a check pace with the right foot, and as the left foot touches the ground lengthen the pace to 85cms without alteration to the cadence.

Change Step in Slow Time.

5005. The command is: '**CHANGE - STEP**'.

The executive word of command is given as the right foot touches the ground. On this command complete a check pace with the left foot in slow time. Bring the right foot forward smartly, placing it on the ground with the instep in line with the heel of the left foot. Immediately after placing the right foot on the ground, move the left foot into the balance step position and continue marching in slow time.

Mark Time in Slow Time - From the Halt

5006. The command is: '**SLOW MARK - TIME**'.

On this command, lift the left knee to the front by rolling off the toe, the lower leg is to be perpendicular to the ground, foot 40cms from the ground (measured at the shoe shank – the flat area of the sole immediately in front of the heel), the toe pointing slightly towards the ground. Place the foot on the ground, ball of the foot first, into the position of attention and raise the right foot into a similar position. Raise and lower the feet alternatively without

moving forward or backward (either than to correct dressing), maintaining the correct cadence. The upper body is in the position of attention, the feet being raised/lowered quickly with a pause when the foot is fully raised, to maintain correct cadence.

Mark Time in Slow Time - From Marching

5007. The command is: '**MARK - TIME**'.

The executive word of command is given as the left foot touches the ground. Complete a check pace with the right foot and mark time in slow time.



Marking Time in Slow Time

Halt from Marking Time in Slow Time

5008. The command is: '**HALT**'.

The executive word of command is given as the right foot touches the ground. Complete a slow mark time pace with the left foot and a slow mark time pace with the right foot, placing it down in the position of attention.

Forward from Marking Time in Slow Time

5009. The command is: '**FOR - WARD**'.

The executive word of command is given as the left foot touches the ground. On this command complete a mark time check pace with the right foot, and move the left foot into the balance step position and complete the 75cms pace, stepping off.

Change Step while Marking Time in Slow Time

5010. The command is: '**CHANGE - STEP**'.

The executive word of command is given as the right foot touches the ground. The movements are as for changing step in quick time, but are executed in slow time, observing the pause whilst the foot is fully raised.

Other Movements in Slow Time

Stepping Short in Slow Time

5011. The command is: '**STEP - SHORT**'.

The executive word of command is given as the left foot touches the ground. On this command, complete a check pace with the right foot and as the left foot again touches the ground shorten the pace to 50cms without alteration to the cadence.

Slow March from Stepping Short

5012. The command is: '**SLOW - MARCH**'.

The executive word of command is given as the left foot touches the ground. On this command, complete a check pace of 50cms with the right foot, and as the left foot again touches the ground lengthen the pace to 75cms without alteration to the cadence.

**DRILL & CEREMONIAL PROFICIENCY (DCP)
DCP 6 - PRACTICAL ASSESSMENT
PERIODS - AS REQUIRED**

Note: Flights which have ready access to DP rifles and wish to conduct DC with arms are to utilise DCE (parts 1, 2 and 3 as required, **in addition to DCP**).